

2-ND  
HAND  
DANCE

# THE STICKY DANCE

## Visual Guide for ages 3 - 5

Information for grown ups is on  
the last page of this guide





Do you like sticky  
tape?

We do!

We use it to play  
and dance.

Welcome to  
**THE STICKY  
DANCE!!!**





HELLO

2-ND  
HAND  
DANCE



I am Keir.

I am here to  
help you at  
The Sticky  
Dance



I am Josh.

I play the  
music and  
make the  
lights  
change



Chloe



Paolo



Lesley



Hello ! We are the 3 dancers in the show.  
Our names are Chloe, Paolo and Lesley.

We will dance around the space.  
Twirl, Spin, jump, slooooooowwww.

You can dance too, or you can watch, listen or play with the tape  
(don't get sticky stuck!)



When its time for you to join  
The Sticky Dance,  
take off your shoes and put in  
a sticky tape square.  
Shoes down. Then in you go!



There are cushions inside.  
You can sit on one if you  
like.



When you come in, look at the dens.  
They have lights in them - can you  
see them change colours?

You can sit in the den. Or lie down.



Can you see the  
square boxes?  
They are called  
Speakers.

What can you  
feel?

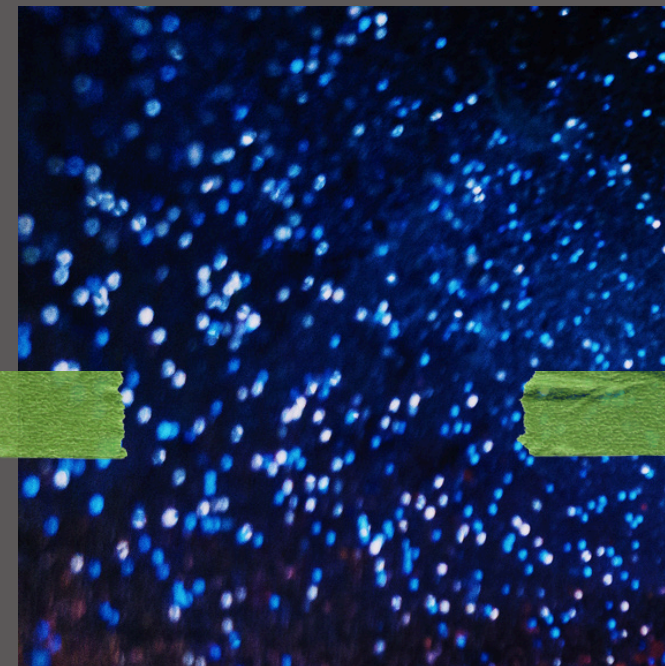




START



Our show happens on a loop and has lots of sections. You might enter during any of them.





A dancer in a string costume  
– turning, jumping, shaking.



Making sticky tape patterns  
on the floor. What can you  
create?







Gliding and leaping with the dancers.



A time for rest. Relax and listen to the space-like music as the lights get darker.



Can you stick the sticky tape around the dens? Or stretch the sticky tape looooong!



Can you move under, over or around the tape?







A time for rest. Relax and listen to the space-like music as the lights get darker.



Three shiny dancers with lights sparkle around the space. Look how they glisten.



Dancing to the happy music.  
Can you copy the dancer's  
moves?



Peeling up the tape into  
sticky tape balls. Can you  
peel and roll too?







The tape collector moves slowly through the space. Can you make balls of tape for her?



The lights get darker and the music becomes a lullaby. Everyone can rest before we begin again!



## Information for Grown Ups

The Sticky Dance is a **2-hour durational** performance.

Audiences come in approximately every 15 minutes.

Your ticket says what time you are invited to enter the space. The time you come in will also determine which scene is happening when you enter. All the scenes in the show are repeated again.

You can stay as long as you like, we suggest about 45 minutes. If there is space, you can come back anytime you like.

Before you enter the space you are invited to take off your shoes and put them in a taped box. If all the taped boxes are full you may have to wait to go inside.

Please leave large bags and buggies outside.

The performance is a relaxed space. We have some ear defenders available if you would like to use them.





[www.secondhanddance.co.uk](http://www.secondhanddance.co.uk)

For further access info  
please contact

[emily@secondhanddance.co.uk](mailto:emily@secondhanddance.co.uk)

Visual guide created by Lesley Howard,  
with support from Samantha Holley-Horseman

Photographs by Lukasz Izdebski